

The Slatington Parks & Recreation Commission Presents  
**Fourth Annual Trout Creek Trot 5K Run & Walk**

(Formerly called the D&L Trail Trot)

Saturday August 20 - 9 AM

**Course:** Mostly on the Slatington portion of the Slate Heritage Trail. Start at Trailhead south onto Railroad Street, follow till stop sign, right onto Mill Alley, right onto Cherry St., right onto Church St., down a short hill, bare left onto slate trail. Follow up trail to covered bridge turnaround, then head back down trail; end at trailhead parking lot. Course all asphalt, mostly flat first .5 mile, with a gradual incline for 1.3 miles up to the covered bridge. Gradual downhill to finish. GPS Measured Course.

**Location:** The Slatington Trailhead is located at the intersection of Main & Railroad Streets in downtown Slatington next to the Lehigh River bridge separating Walnutport & Slatington. A short drive from either Route 873 or Route 145.

**Parking:** Parking is available in the parking lot at the trailhead. Additional parking is available just over the bridge in Walnutport. Parking is available immediately after the turn onto Lehigh Street (Lehigh Street is between the Lehigh River and the Lehigh Canal.)

**Entry Fee:** Pre Registration: Before August 8 - \$15 with T-shirt (First 100 registrants guaranteed t-shirts.)  
Post Registration: After August 8 - \$20 (limited number of t-shirts while they last)  
Special: High School runners and those under 17, registration is \$10.

**Awards:** Top three male and female overall runners, and the top three runners in each of the following age groups for men and women will receive awards: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, and 60 and over. Top three male & female walkers.

**Registration** will be held from 7:30 am until 8:55 am at the Slatington trailhead.

**Post Race:** Refreshments will be available at the finish line at the trailhead.

**Fee Payment:** Make checks payable to: **Borough of Slatington**. Please send entry form to: Attn: 5K Trout Creek Trot, Borough of Slatington, 125 S. Walnut Street, Slatington, PA 18080.

If you have any questions contact Robert @ (610) 767-7626 or email [slatrec@ptd.net](mailto:slatrec@ptd.net) Race benefits recreation projects in Slatington.

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**2011 Trout Creek Trot Entry Form**

**Name:** \_\_\_\_\_ **Age on Race Day** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Male** \_\_\_\_\_ **Female** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email (optional)** \_\_\_\_\_

**T-shirt size: (circle one) S M L XL** \_\_\_\_\_ **Walk** \_\_\_\_\_ **Run**

**Waiver Approval (All Entrants Must Sign)**

In consideration of the acceptance of my entry, I, intending to be legally bound, do hereby, for myself, my heirs, my executors and administrators, waive, release and discharge any and all rights and claims which I may have, or which may hereafter accrue to me against the Slatington Parks & Recreation Commission, the Borough of Slatington, the County of Lehigh and any and all agents, sponsors and promoters, for any injuries and illnesses suffered by me while participating in and traveling to and from this event.

**Signature of Entrant:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Signature of Parent if under 18** \_\_\_\_\_